



## NEWS RELEASE

*For Immediate Release*  
*Contact: Laura Richter, Illinois Chiropractic Society*  
*(217) 525-1200 or (800) 424-0121*

### **Illinois Chiropractic Society Celebrate National Chiropractic Health Month**

(September 29 – Springfield, IL) – The Illinois Chiropractic Society (ICS) is kicking off National Chiropractic Health Month by hosting its Chicago National Convention & Expo this weekend in Lisle, Illinois. The event, to be held September 30-October 2 at the Wyndham Lisle, brings in chiropractors from throughout the state for an opportunity to attend a host of educational sessions covering a variety of topics important to the chiropractic field as well as a full Trade Show and various networking opportunities. Another major component of this year’s convention is the launching of “Healing Hands 4 Heroes,” a program in which ICS has partnered with Army OneSource to raise awareness of the unique challenges of military life on service members and their families and to address the growing need for accessible health care.

National Chiropractic Health Month is a nationwide observance held each October, sponsored by the American Chiropractic Association and the Illinois Chiropractic Society. The event helps raise public awareness of the benefits of chiropractic care and its natural, whole-person, patient-centered approach to health and awareness. This year’s theme – “Get TechnoHealthy!” – focuses on how the public can remain healthy while toting the gadget they love or working long hours in front of a computer.

The excessive use of mobile devices and incorrect posture while sitting in front of a computer can lead to neck, back, wrist, and even thumb pain, in addition to musculoskeletal issues. The problem is becoming so widespread that musculoskeletal injuries remains one of the biggest workplace health and safety problems in American industry.

For more tips on proper use of technology and good health, visit [www.TechnoHealthy.com](http://www.TechnoHealthy.com).

The Illinois Chiropractic Society (ICS) represents the chiropractic profession in Illinois. ICS was established in 1926 as a non-profit organization and is acknowledged in the Illinois Medical Practice Act of 1987. ICS promotes and advances professional standards of ethics, education, training and quality health care for all. As the organizational representative of the chiropractic profession in Illinois, ICS is active in protecting patients’ rights, in serving the community, and promoting interaction with other healthcare professions and service organizations.